

# TO THE TOP

GROUP  
SESSION #1

## PRAYER REQUESTS

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# IN THIS TOGETHER - #1



# GETTING STARTED

## IN THIS TOGETHER - GROUP 1

Life is a lot like climbing a major summit...you have ups and downs, trials and triumphs, and interior battles along the way.

- Make sure everyone knows each other (name, profession, family, etc.)
- What's the hardest climb or physical challenge you've ever taken part in? What made it challenging? Rewarding? (could be a hike, ride, run, sport, trip, etc.)
- Did you have a team during that challenge? If so, how did the team help or hamper? If not, how could a team be of help?
- What are some of the challenges you think men face in life when a "team" might come in helpful?

GENESIS 2:18 (NIV) —  
THE LORD GOD SAID,  
“IT IS NOT GOOD FOR  
THE MAN TO BE ALONE.”

## NEVER ALONE

In all of creation, God only said one time, "This isn't good." It came in reference to man being alone. God then made woman to give the man companionship. And we are very grateful to God for women...right?

However, many married men will tell you life is better with friends who are men. Just like women, men share qualities and challenges that women may not fully understand.

Question:  
What are some topics you'd like to be able to process with some guys before speaking about them with your girlfriend, wife, or female companions?

# GETTING COMMITTED

During this first group, everyone needs to understand and set boundaries.

**1st** - Are you interested in being part of an accountability group?

**2nd** - Are you interested in being part of this accountability group?

**3rd** - How often can the group meet (balanced against family, life, etc.)?

**4th** - What expectations do you have of/for the group? In other words, what would really energize you? What would really discourage you?

**5th** - How would the group like to structure (or not structure) the group? Groups can be developed around...

- Specific crafted material for men
- Focus on sharing God's Word
- Sharing life and praying over life
- Hanging out over coffee/food
- Activity with Christian friends
- etc. ... but the group should discuss.