

# TO THE TOP

GROUP  
SESSION #4

## PRAYER REQUESTS

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## THE ADVENTURE - #4



# LIFE IS ADVENTURE

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## GROUP SESSION 4

Life is more than work, sleep, bills, and monotony. Life, as desired for us by Christ, is abundant. Another way to put it...life is an adventure.

Question for the group:

Have you given up on adventure in life? Think about it for a minute. What is sucking the life out of you?

Here's another good one to think about...in what ways are you probably sucking the life out of others? Sometimes, for example, dad might become a real fuddy duddy (not a technical term, but you get the idea).

Only when we can actually identify what is a drain on our lives can we start to look onward and upward. Don't blame others. Take ownership of this. Seize life!

I HAVE COME THAT THEY  
MAY HAVE LIFE AND HAVE  
LIFE ABUNDANTLY.  
JOHN 10:10

## ONWARD & UPWARD

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This exercise is one designed to benefit those people around you (coworkers, family, friends, church).

As a group, brainstorm the ways you'd like to bring energy to life...to bring life to the lives of others.

What can men do to bring romance back into a marriage? What can dads do to bring adventure to the family? What can a man do within the confines of work that help everyone feel valued and enthused about the tasks ahead?

How can you become a greater source of abundant life that you are right now?

# SEIZE THE DAY

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Men of action make a change.  
Men of action make life amazing.  
Men of action decide to do different.

Before you leave your group this meeting, finish these statements to each other:

"I'm going to bring adventure to the lives of my family by...."

"I'm going to bring adventure to my romantic relationships by...."

"I'm going to shock my pastor by bringing life his direction through...."

By the way, don't forget your adult parents in all of this. Honoring those who gave us life is a key to being men of God. How can you honor those who gave you life this week?

Pray for each other and be prepared to see how this went when you meet next time.